

## FOODBANKS

Many Foodbanks have requested that NCC CS professionals only make referrals for food parcels in order to ensure there is as little cross-over of families as possible, thereby making the food go further. If you require assistance, please contact our Partnership Teams who would support you with specific requests.

### Food Resources – Norwich

- **Aldi** - food parcel link <https://www.aldi.co.uk/aldi-food-parcel/p/000000384202100> Limited to 1 parcel per customer every 7 days and sell out very quickly. A parcel filled with 22 everyday foods and essential household items, and a few treats too, to help out. We'll deliver it straight to your door with full contactless delivery for self-isolators. The contents of the box weigh approximately 14kg, please consider this when ordering. Our delivery promise is 3-10 days however we will try to prioritise this order so you can get it as fast as possible."
- **Arthurs Organics** – deliveries Norwich and South Norfolk areas. Call 01603 291871 or go to <https://arthursorganics.co.uk/>
- **Bon Deli's**. Pies/quiches. Min order £20. (Not specialist dietary requirements).01603 951091 / 07967 447517. [bonproduce@gmail.com](mailto:bonproduce@gmail.com)
- **CJs** – Norwich Market. Delivering within 15 km (9 miles) of City Centre. Min order £15. Delivery charge £2 or free if order over £20. [Paulawiley@hotmail.com](mailto:Paulawiley@hotmail.com) 07810 835544.
- **Country Kitchen Food**. Freshly prepared traditional meals that can be microwaved. Includes Norwich. 01603 465717.
- **Dawn's New Horizon** offer food parcels for people suffering from domestic abuse and families who have fled abuse: 0844 884 3140 or email [dawnsnewhorizon@yahoo.com](mailto:dawnsnewhorizon@yahoo.com)
- **Easters** – Fresh fruit and veg boxes £20 and £35. Northumberland Street. 01603 622890 / 760565
- **(The) Flour Pot Catering** - Food delivered to freeze or as a hot meal with potato and veg or salad and coleslaw. Free local delivery within 4 miles and a minimum order of £15 or £1 delivery charge. If delivery over 4 miles is then £1 a mile thereafter. Free delivery for customers over 70 has been subsidised by donations. For ref Norwich just over 4 miles.
- **Gateway Vineyard** are offering delivery of food parcels to vulnerable people (all free). To access this support, please email them at [thepantry@gatewayvineyard.church](mailto:thepantry@gatewayvineyard.church)
- **(P B) George**, Butchers. (Not sure if minimum delivery). 01603 625358.
- **Good Wholesome Food Ltd** – Freshly cooked traditional hot meal and pudding £6.00 Monday to Friday. Norwich postcode areas NR1 – NR8. 01603 465717.
- **Hidden Treasures**, Magdalen Road - Has a shop on Magdalen road if any elderly people or you are Self-isolating and need anything please let them know. They run a food bank for the homeless and anyone who needs help and will do their best to help you with items, just find Eric at Hidden Treasures via Facebook.
- **(The) Living Studio**: foodbank for NR2 residents every day except Saturday 12pm – 1pm at Adat Synagogue, Essex Street NR2 2BL in the studio at the back of the building: <https://www.facebook.com/groups/TLSNorwich/> or email [NR2foodbank@gmail.com](mailto:NR2foodbank@gmail.com) or see <https://www.facebook.com/groups/TLSNorwich/?ref=share>
- **Mike, Debs and Sons** – Norwich Market Stall – Due to the current circumstances, they are now offering local deliveries in your area. Market stall is open as usual but for those in need we are here to help for HOME DELIVERIES – please indicate if vulnerable or in isolation for us to prioritise. Please call us on 01603 305841 or message us on Facebook messenger to arrange a delivery. Deliveries of £20 or more are free. Times will be allocated.
- **New Routes** emergency fund is available to provide financial aid, food aid and mobile phone credit to those with no recourse to public funds, those at risk of destitution due to job loss

and delay in universal credit and those who have been dispersed to Norwich without access to their financial asylum support (Aspen card) [projects@newroutes.org.uk](mailto:projects@newroutes.org.uk) or 07799 661009  
**Norfolk Foodbox** – deliveries across the county 1 day per week per area. Free delivery over £7.50 – go to <http://norfolkvegbox.com/>

- **Norwich Christian Community “Picnic Project”** ENYP will continue to deliver thousands of ‘picnic bags’ of fresh food during the Coronavirus period to those in need across the city. If you are interested in finding out more or would like to make a referral please contact [picnic@enyp.org.uk](mailto:picnic@enyp.org.uk) or look on our website <https://www.enyp.org.uk/> for more information.
- **Norwich Homeless Lunches** - Food parcels: 01603 327445, visit [www.norwichbussheltercic.co.uk](http://www.norwichbussheltercic.co.uk) <https://www.facebook.com/norwichhomelessappeal/>
- **(The) Oak Tree**, Ipswich Road, Norwich. Pub delivery. Menu online. 01603 920280.
- **Saint Francis Church Heartsease** can deliver fresh and tinned/packet food for residents on the Heartsease Estate only. Call Rev Janet on 07990 576118.
- **Soul Church** 4 Mason Rd, Norwich NR6 6RF 01603 488880 are planning to run FISH (Food In School Holidays) activities when school closes. This will be based in Heartsease weekdays; Mon to Fri (possibly St Francis but they are not sure yet). They are batch cooking single and couple meals for a ‘wheels on meals’ service to those elderly and vulnerable. The Soul church café is closing for the time being, but they will operate a ‘care package’ pop up food distribution point at Church. There may be some delivery to those ‘isolated’ as well.
- **Stop and Go Shop**, Woodgrove Parade, Catton Grove Road 01603 929802 - Raj will deliver locally if he has stock.
- **T L C Dinner Choices** – Operating NR1 to NR7 and offering Hot Meals, Teatime Snacks and Chilled meals. Monday to Friday (excluding Bank Holidays). Special diets and needs catered for. Phone Elaine (07742 801716) or Karen (07946 544932 or email [empayne2374@gmail.com](mailto:empayne2374@gmail.com) for prices and further details.
- **Thorpe Plant Centre** are delivering food parcels to vulnerable and isolated people. See their facebook page (Thorpe Plant Centre Norwich) to get in touch with them.
- **Universal Edit** Alternative Foodbank (no voucher required) - <https://www.facebook.com/groups/383863669084117/>

## Hot Meals – Norwich

### Monday

- St Stephen's Church Café Pay what you can afford, minimum charge £1 (10am to 4pm)
- Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)
- Soul Church offering hot food at Haymarket – 7pm-8pm

### Tuesday

- Norwich Elim Church, Trory Street Free breakfast and dinner (9.30am – 12.30pm)
- Oak Grove Chapel, 70 Catton Grove Road – Free hot meal (6-7.30pm)
- People's Picnic, Haymarket (8pm)
- Russell Street Community Centre - Spud Club - Tuesday's in term time, 4:30 - 6pm. A meal for primary school aged children and parents.
- St Stephen's Church Café Pay what you can, minimum £1 (10am to 4pm)
- Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

### Wednesday

- Harford Community Centre mostly cakes and bread rolls available to any local residents of Lakenham and Tuckswood who need them. (2.15-3.15pm)
- New Hope Christian Centre, 2 Martineau Lane Light lunch (10am-2pm)
- Norwich Soup Movement, Haymarket (8pm)
- Russell Street Community Centre - Noah's Boat - Toddler group on Wednesday's term time, 10 - 11:30. Includes tea and cake for parents and kids snack too.
- St Stephen's Church Café Pay what you can, minimum £1. (10am to 4pm)
- Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)
- Soul Church Haymarket hot food 7pm – 8pm

### Thursday

- Norwich Soup Movement, Haymarket (8pm) (unsure if this is still on)
- St Stephen's Church Café Pay what you can, minimum £1 (10am to 4pm)
- Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)

### Friday

- Bishops Bridge House on Gas Hill - 12:30pm
- Food Cycle, Quaker Meeting House, Upper Goat Lane, NR2 1EW Hot meal (7pm)
- Salvation Army, Pottergate Arc Hot breakfast £1.20/free toast (8-10.45am)
- St Stephen's Church Café, Pay what you can, minimum £1 (10am to 4pm)
- Society Alive Community café still runs every 1st and 3rd Fridays of every month (12.30-2.30) Clover Hill Village Hall, Humbleyard, Norwich, NR5 9BN
- Salvation Army, Pottergate Arc (7.30pm – 9.30pm)
- Soul Church hot food at Haymarket 7pm – 8pm
- Trinity United Reform Church, 1 Unthank Rd (City end) Hot breakfast 50p Soup/bread (12.30pm – 1.30pm)
- YMCA Central on All Saints Green - 12:15pm

### Saturday

- City Saints in Action, St Augustine's Church Hall, St Augustine's Street –Jacket potato with filling, £donation (4pm – 7pm)
- Russell Street Community Centre - Breakfast Club - every Saturday 10-11:30
- St Stephen's Church Café, (10am-4pm) Pay what you can, minimum £1
- Society Alive Soup evening (4.30-6.30) Clover Hill Village Hall, Humbleyard, Norwich, NR5 9BN
- The Welcome Wagon, breakfast food and drinks City Centre 6am

## **Sunday**

- Anon Street Team, Haymarket (8pm)
- Hebron Chapel, Haymarket - every other Sunday (8.30pm)
- The Kings Centre, Kings St, NR1 1PH (2pm – 4pm) Free hot meal, laundry and shower facilities
- People's Palace Café Vauxhall Street, 26 Suffolk Square NR2 2AA (11am–2pm)
- The Welcome Wagon, breakfast food and drinks City Centre 6am

## **Summer 2020 Food Distribution**

Funding provided by the Sunday Times in partnership with the Education Endowment Foundation

### **Bowthorpe Area – Cloverhill Village Hall**

Provision of takeaway healthy hot meals, painting kits and local summer exhibition, gardening projects and magic wand play sessions

Twice a week during summer holidays

Godwin Unazi [society.alive@yahoo.co.uk](mailto:society.alive@yahoo.co.uk) / 07832972166

### **Catton Grove – Oak Grove Community Church**

Lunches and activity packs (crafts, games, ideas for family learning and outdoor activities)

Twice a week during summer holidays

Sian Pearce & Darren Woodward [sian@oakgrovecommunitychurch.co.uk](mailto:sian@oakgrovecommunitychurch.co.uk) /  
[darren@oakgrovecommunitychurch.co.uk](mailto:darren@oakgrovecommunitychurch.co.uk)

### **Mile Cross – Phoenix Centre**

Lunches and food hampers for the local community

Daily throughout summer holidays

Brian Green [secretarynuc@gmail.com](mailto:secretarynuc@gmail.com)

### **NR2 – Suffolk Square**

Provide food boxes for nutritious hot meals with recipe cards and take-away activity kits for children as well as support for families who need help.

Weekly throughout summer

Emma Corlett [emma.corlett.cllr@norfolk.gov.uk](mailto:emma.corlett.cllr@norfolk.gov.uk)

### **Golden Triangle (Nelson)**

Garden House Pub will provide hot nutritious meals for children, supervised outdoor learning and gardening (outside of trading hours)

Twice a week over summer holidays

Jonathon Childs [JonathonChilds@outlook.com](mailto:JonathonChilds@outlook.com)

### **Catton Grove, Lakenham, Mousehold, Russell St & Earlham**

FISH (Food & Fun In School Holidays) Clubs: meals and fun activities (depending on social distancing and what's possible), e.g. BBQs, as well as support with self-confidence and positive attitude.

Weekly in 5 areas of Norwich

To follow

**Silver Road – North City**

Silver Road community centre: meals, activities, takeaway arts and crafts, ideas for upcycling furniture and clothing

Twice a week over summer holidays

Julie Brociek-Coulton [jewills064@aol.com](mailto:jewills064@aol.com)

**Earlham/West Earlham**

West Norwich Partnership will provide hot meals, resources to support learning, local activities outdoors and trips where possible, inc. Sainsbury Centre art based workshops

5 days a week throughout summer holidays

To follow