



From the Chief Constable

The Chief Constable has recorded a message to all young people in Norfolk.

You can watch it here:

<https://youtu.be/6G2znNj3vyl>



## Internet Safety

Over the next few weeks we will be sending you some links to videos our Youth Engagement Team have uploaded to YouTube. These concentrate mostly on Internet Safety.

Please take a look at the following:

Intro – <https://www.youtube.com/watch?v=yCH-cdx3iXY>

Online Personal Safety - <https://youtu.be/rUJbL639lO0>

Your parents might be interested in seeing these also. Why not show them?

# Safer Schools Newsletter

Secondary Edition Monday 20<sup>th</sup> April

Hi everyone, we hope you are all well and enjoying the warmer weather. Currently, we find ourselves in a bit of a different situation, with some of you not at school. In order for us to stay in contact and share important information with you, we are going to send you a monthly newsletter. We hope you enjoy it.

Norfolk Constabulary Safer Schools Team



During these uncertain circumstances, it is important for young to look after their mental health. There is now one single place to access mental health advice and support for anyone under the age of 25 in Norfolk. There is no need for a referral, you can just get in touch straight away for advice and support. They can also refer you on should you need more specialist help. Please visit this link for more information:  
[www.justonenorfolk.nhs.uk/mentalhealth](http://www.justonenorfolk.nhs.uk/mentalhealth)

## TRENDING NOW...

Since 2017, the Norfolk PCC have been giving young people a say on policing and crime in their county. The Youth Commission was set up by the Police and Crime Commissioner for Norfolk, Lorne Green. The PCC oversees Norfolk Police and makes sure that the police are delivering the best possible service they can to all Norfolk residents, including young people. The Norfolk PCC Youth Commission reaches out to young people across the county, allowing them to voice their views on policing in their communities.

If you would like have your say on policing in Norfolk or would like to ask any questions then please visit our Facebook page here: <https://m.facebook.com/NorfolkPCCYouthCommission/>

We are particularly keen to have answer questions you may have on how internet safety and would be interested to know what information you put online.

## SOCIALS



Stay up to date with Norfolk Safer Schools by following us on Twitter:  
[@SaferSchoolsNfk](https://twitter.com/SaferSchoolsNfk)

You can also follow our Cadet's Instagram account:  
[@NorfolkCadets](https://www.instagram.com/NorfolkCadets)

## NEED A HAND?

Norfolk County Council, Children's Services have launched a new phone line and text message service for children and young people to use.

We hope you are feeling happy and safe at home.....

If you're feeling unsafe or scared, then don't keep it to yourself. We're here to help.

Text: 07480 635060

Call: 0344 800 8029

Remember safeguarding young people is all our responsibilities #SaferSchools

Norfolk Police – Non-emergency 101 / Emergency 999

